



# Community Resilience

*June 2024*



*"There is no power for change greater than a community  
discovering what it cares about."*

Margaret J. Wheatley

## Reflecting on Resilience: Highlights of SPCO'S First Social Impact Month

The Social Planning Council of Ottawa (SPCO) recently concluded its first Social

Impact Month, which featured a series of events, conferences, and gatherings aimed at providing community support to youth, newcomers, and seniors.

This successful month-long initiative was dedicated to spotlighting the crucial role of social service organizations in bolstering the resilience of individuals and communities. Throughout the month, these organizations, supported by the SPCO, hosted various activities aimed at supporting the city of Ottawa through challenges such as economic downturns, health crises, and social disparities.

By providing targeted support to youth, newcomers, and seniors, these events contributed significantly to fostering a more resilient and inclusive society. The initiative effectively raised awareness about the invaluable contributions of social service organizations in advancing overall well-being and community cohesion.

[Learn More](#)

## Board Members

Welcome to the new members of the Social Planning Council of Ottawa's board—your leadership and dedication will drive our mission forward and create lasting positive impact in our community.



*"Never doubt that a small group of thoughtful, concerned citizens can change the world. Indeed it is the only thing that ever has."*

Margeret Mead



The recent Annual General Meeting of the Social Planning Council of Ottawa addressed rising unemployment, particularly impacting the youth, low-income families, and vulnerable communities. Collaboration across sectors was emphasized as essential.

The successful conference featured insights and ideas from diverse sectors, focusing on overcoming job barriers for these groups. We made significant progress and look forward to upcoming events where you can contribute to supporting the community during these challenging times.

Keep an eye out for all the upcoming opportunities to make a positive impact on our community.

## **SPCO'S 2023 Annual Report**



The Social Planning Council of Ottawa's 2023 Annual Report highlights a year of significant progress and impact in enhancing the resilience of individuals and communities throughout Ottawa.

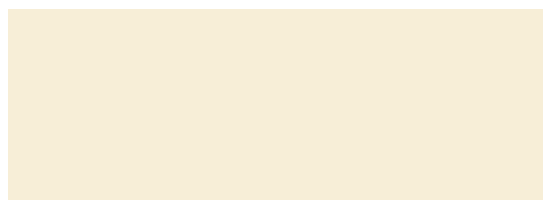
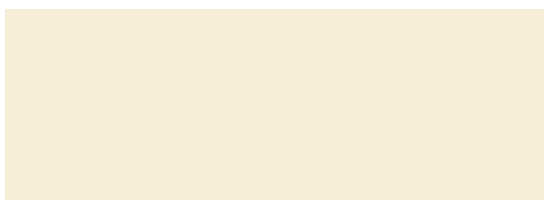
The report details SPCO's strategic initiatives aimed at addressing social inequalities, supporting economic recovery, and improving health outcomes in the wake of ongoing challenges. Key accomplishments include successful community outreach programs, partnerships with local organizations, and advocacy efforts that have driven policy changes to support vulnerable populations.

The report also showcases inspiring stories of resilience and transformation, demonstrating the vital role of social services in fostering a more equitable and thriving community.

[Read the Report](#)

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## Upcoming Events & Programs





**Healthy Aging Program  
Food Delivery**

Exciting news! Our Healthy Aging Program now delivers delicious, balanced meals to seniors' homes in Ottawa and Gatineau!

Since April 27th, we've served around 150 seniors with overwhelmingly positive feedback. With this success, more seniors are requesting multiple deliveries each month.

Together, we're making a meaningful difference in seniors' lives in our community!

[Learn More](#)



We are coming to the end of our transformative IT Cohort and Communication Placement Program, which ran from March 18 and end on June 7, 2024!

Participants have honed invaluable skills, embraced the highs and lows of the experience, and enriched themselves with professional and social growth.

[SPCO Programs](#)

## Volunteer Spotlight



As we wrap up our Social Impact Month, we reflect on the vibrant and hopeful initiatives that have brought diverse changemakers together.

### ***Special shoutouts to our amazing volunteers:***

A huge thanks to Candice Cappe, Mohumed Khalil, Stella Nakitende, Fiona Hudson, Giselle Iradukunda and Michel Pennington.

Our events are more than gatherings; they are inceptions for community empowerment and real-world solutions. To all our partners, participants, colleagues, and especially our volunteers—your enthusiasm and hard work fuel our collective mission

Feeling inspired? Join us as a volunteer for our next events and make a real difference in our community!

[Join Us](#)

### **Make A Positive Community Impact!**



As our community's needs evolve, the Social Planning Council of Ottawa remains committed to improving the quality of life for all. Your support is crucial in making this possible.

Together, we can continue to address the challenges faced by our community and work towards a brighter future for everyone.

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